

Clearwisdom Review

An Update on Falun Dafa Worldwide

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Falun Gong Practitioner Returns to U.S. After Ten-year Ordeal

(Clearwisdom.net) SAN JOSE, Calif. – San Jose resident Jianhua Lu returned home on the afternoon of November 11, having spent years under persecution in China for her belief in the spiritual practice of Falun Gong.

Upon her arrival at Terminal A of San Jose International Airport, she was given a warm welcome by friends and family members. "I am so glad to be back with my family. I missed them so much. The kids were so small when I last saw them," Ms. Lu said.



Falun Gong practitioner Jianhua Lu (C) is greeted at San Jose International Airport on November 11 by sister Stephanie (L) and San Jose Mayor Chuck Reed.

Ms. Lu is a Falun Gong practitioner. She returned to Mainland China in December 1999 to appeal to the Chinese government to stop the persecution of Falun Gong. As a result, she was persecuted herself and was imprisoned in labor camps and prisons, including the notorious Masanjia Forced Labor Camp, which some have described as a "hell on earth." She suffered torture and abuse, as have countless other Falun Gong practitioners throughout China.

After several years of persecution at the hands of the Chinese Communist regime, Ms. Lu was able to escape China. She traveled thousands of miles to Tibet and later Thailand, where she spent the last three years.

Upon her arrival at the airport, she was greeted by a very special supporter, San Jose Mayor Chuck Reed, who came in person to welcome her.

Mayor Reed has been involved in efforts to rescue Falun Gong practitioners since his days on the City Council nine years ago when he wrote letters on practitioners' behalf and urged the U.S. Congress to pass resolutions supporting Falun Gong.

"This demonstrates the difference between living in the USA where you have freedom of association, freedom of religion, and freedom of speech, and China, where you don't. It was a terrible thing to have a U.S. citizen and San Jose resident imprisoned in China for basic human rights activities we take for granted here in the U.S. I am so happy to see her released back to freedom," said the Mayor.

Ms. Lu seemed in good condition after the ordeals she has been through. "I have benefited so much from Falun Gong. I couldn't have made it without my belief in this practice. My release further demonstrates the failure of the persecution and the drive of the Chinese regime to eradicate Falun Gong in China."

Introduction to Falun Dafa

Falun Dafa, also known as Falun Gong, is a practice for benefiting physical health and elevating the mind. Introduced by Mr. Li Hongzhi in China, the practice consists of five gentle exercises including meditation, and diligent effort on the part of practitioners to follow the universal principles of Truthfulness-Compassion-Forbearance in daily life. Falun Gong is not only beneficial to one's own health and well-being, it also benefits others. Although the practice originated in China, today it is practiced throughout the world by people of all races and walks of life. In the face of the most brutal and vicious persecution perpetrated on them by the Chinese Communist Party, Falun Gong practitioners have found the spiritual strength to resist peacefully and tirelessly by upholding the principles of Truthfulness-Compassion-Forbearance.



About Clearwisdom

Clearwisdom.net is the most authoritative source of information about the practice of Falun Gong and about the persecution of Falun Gong in China, reporting timely news and events happening inside China as well as from the more than 70 countries around the world where Falun Gong is practiced. Clearwisdom responsibly publishes the experiences and understandings of practitioners themselves, who submit the majority of the articles.

My Chronic Kidney Disease Disappeared

(Clearwisdom.net) I started practicing Falun Dafa in 2007. For more than ten years, I had suffered from varicose veins and my legs were swollen. In addition, I had chronic kidney disease. No matter how many medicines I took, my condition did not improve.

In May 2007, I went to Beijing to have a kidney biopsy done, and was diagnosed with renal sclerosis. In September 2007, I was staying in the Harbin Chinese Medicine Hospital when my cousin from Harbin came to visit me. She told me of the benefits of practicing Falun Dafa and brought me the books and the audio recordings of Teacher Li's lectures. I started learning the exercises and recited, "Falun Dafa is good; Truthfulness, Compassion, and Forbearance are good."

After ten days, I had myself re-tested. This time, no evidence of renal sclerosis was found. I was exhilarated. I had spent over 10 months' salary on the hospital stay, but that could not cure my kidney disease. Yet, by practicing Falun Dafa for free, my disease was gone in ten days and it has not recurred.

Falun Gong Club in Missouri State University Homecoming Parade

(Clearwisdom.net) The Missouri State University Falun Gong Club participated in the school's homecoming festival parade in Springfield, Missouri, and won two first-place awards, for best float and best group on foot.



Falun Gong Club procession.

The Falun Gong Club gave an exercise demonstration, and entered a float, a dance group and a waist drum group in the parade. The float was decorated with lotus flowers, and the waist drum team wore bright yellow costumes. The Falun Gong group received rounds of applause from the parade spectators. There were also many Chinese spectators, including some Chinese students who recently came to the US. Many of them waved to the Falun Gong practitioners and took photos, clearly enjoying the beautiful float.

Later on during the homecoming festivities, four young women passed by the Falun Gong stand and were surprised to learn that such a good practice is being persecuted in China. They learned the exercises from the practitioners. A number of students were interested in the sitting meditation and learned the fifth exercise.

Many students came to express their support for Falun Gong and their objection to the persecution. They said that they would ask their elected officials to help stop the persecution. A Chinese young woman stopped by to learn the facts about Falun Gong. She said that she had heard of the persecution, but did not know much about it. She took some Falun Gong informational brochures and a CD and promised to read them carefully.



Visitors and students learn the Falun Gong exercises.



A family listens to a practitioner introducing Falun Gong and exposing the persecution in China

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To learn more about Falun Dafa as a practice, please visit www.falundafa.org