

Clearwisdom Review

An Update on Falun Dafa Worldwide

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Mr. Bai Heguo Beaten to Death in Nanguanling Prison, Dalian City



Mr. Bai Heguo

(Clearwisdom.net) Falun Gong practitioner Mr. Bai Heguo, 45, from Dengta City, Liaoning Province, died around January 5, 2008 in Nanguanling Prison in Dalian City. He had been tortured, and beaten to death. Mr. Bai's family noted numerous wounds on his body before his remains were hastily cremated under order of the authorities.

Bai Heguo was illegally arrested on June 9, 2002 for practicing Falun Gong. Court officials sentenced him to 11 years in prison, and sent him to Huazi Prison in Liaoning Province. From December 19 to December 25, 2007, Falun Gong practitioners held in Huazi Prison were transferred to Ward 12 of Nanguanling Prison in Dalian City. Mr. Bai refused to do forced labor while being held in Ward 12. The guards instigated several prisoners to torture him. They punched him and stomped on him, beat him with police batons, shocked him with electric batons, handcuffed his arms behind his back and hung him up, then placed him in solitary confinement.

Mr. Bai lost consciousness due to the torture, but the prison authorities deliberately delayed sending him for emergency treatment. He died as a result. In order to shirk their responsibility for this crime, officials in Ward 12 reported to the higher-up authorities that Mr. Bai had killed himself. They also told all prisoners that Bai had been transferred to another prison.

We have learned that guard Zhang instigated a prisoner surnamed Zhou to beat Mr. Bai in an office. The beating was so severe that Mr. Bai could barely stay conscious. When he was finally sent to a hospital, Mr. Bai had already died. According to an insider who saw Bai Heguo's body, there was a big bump on his head and a long cut on his tongue, which protruded out of his mouth. His legs were broken, and his testicles were ruptured from being kicked. Mr. Bai was also emaciated.

WOIPFG Publishes Videos of Persecution Victims

(Clearwisdom.net) The World Organization to Investigate the Persecution of Falun Gong (WOIPFG) has published seven video recordings of persecuted Falun Gong victims. Some of the stories are told by the victims themselves, but others are narrated because the victims were unable to speak for themselves. Some of the videos were taken shortly before the victims passed away.

These videos reflect the severity of the persecution of Falun Gong, a horrific persecution that has continued for more than a decade and continues to this day in China. WOIPFG hopes that the international community will take action to stop the Chinese Communist Party's crimes against humanity.

English language videos are also available from WOIPFG and can be downloaded at

<http://www.zhuichaguoji.org/en/index2.php?option=content&task=view&id=194&pop=1&page=0>

Introduction to Falun Dafa

Falun Dafa, also known as Falun Gong, is a practice for benefiting physical health and elevating the mind. Introduced by Mr. Li Hongzhi in China, the practice consists of five gentle exercises including meditation, and diligent effort on the part of practitioners to follow the universal principles of Truthfulness-Compassion-Forbearance in daily life. Falun Gong is not only beneficial to one's own health and well-being, it also benefits others. Although the practice originated in China, today it is practiced throughout the world by people of all races and walks of life. In the face of the most brutal and vicious persecution perpetrated on them by the Chinese Communist Party, Falun Gong practitioners have found the spiritual strength to resist peacefully and tirelessly by upholding the principles of Truthfulness-Compassion-Forbearance.



About Clearwisdom

Clearwisdom.net is the most authoritative source of information about the practice of Falun Gong and about the persecution of Falun Gong in China, reporting timely news and events happening inside China as well as from the more than 100 countries around the world where Falun Gong is practiced. Clearwisdom responsibly publishes the experiences and understandings of practitioners themselves, who submit the majority of the articles.

Falun Gong Practitioners "Add a Vibrant Touch" to the Edinburgh Arts Festival

(Clearwisdom.net) "Chinese light up Cavalcade." This headline, along with a large photo of Falun Dafa practitioners performing a fan dance, was on the cover of Scotland's largest newspaper *The Scotsman* on August 9, 2010. The lead story described the Falun Gong contingent in the Edinburgh arts festival parade. The caption of the newspaper photo read, "Dancers from Falun Dafa, regulars since 2002, add a vibrant touch to the Edinburgh Festival Cavalcade yesterday."



On the afternoon of August 8, 2010, Falun Gong practitioners in the U.K. took part in what is known as the world's largest arts festival, the Edinburgh Festival Fringe, opening parade – the Edinburgh Festivals' Cavalcade. According to the organizer, more than 100,000 people watched the parade.



Ann and her family

Jo, who lives in Edinburgh, attends the arts festival parade every year. Jo said excitedly: "The impression they [the Falun Gong contingent] give us is very deep, and exceedingly good. It looks like they are all very beautiful and are brimming with vitality. The exercises of Falun Gong are very beautiful, and very tranquil."

Ann and her husband brought their daughter to see the parade. Ann remarked: "I really like the Falun Gong group. They emit a kind of spiritual energy, which is very peaceful, very elegant and very good."



Richard

Richard, who practices Tai-chi, watched the exercise demonstration. He offered this observation about the Falun Gong contingent: "I can feel a very strong energy field. It makes people feel very calm, and their bodies and minds all calm along with it."

"Practicing Falun Dafa Gave Me Good Health and Self-Confidence"

(Clearwisdom.net) Christy used to suffer from cystic ovarian disease, but shortly after she began to practice Falun Gong in 2003, she became pregnant. Her daughter is now five years old. Christy was born in the United Kingdom. After getting married in 2003, she moved to Australia. She is beautiful and cheerful. One can hardly imagine that Christy used to suffer from depression. "Practicing Falun Dafa gave me good health and self-confidence. I have come to understand the true meaning of life. I am very grateful to Mr. Li Hongzhi. Falun Dafa is wonderful!" she says.

Before practicing Falun Dafa, Christy was very introverted, lacked self-confidence, and always felt downtrodden. She would always criticize herself and drink alcohol to relieve the pain of her struggles. Being unable to adapt to her surrounding environment, she would often lock herself in her room, unable to face reality. As a result, she took antidepressants and received counseling, and subsequently was diagnosed with obsessive-compulsive disorder. She had developed constant anxiety. In addition, Christy suffered from a rare polycystic ovary syndrome. The doctors told Christy that her chances of getting pregnant were very slim.



Christy decided to travel to Australia. In Australia she became acquainted with a Falun Gong practitioner, Steve. She gradually began to learn about Falun Gong and started practicing very soon after.

In November 2003, Christy and Steve got married. Early in 2004, she stopped taking the pharmaceutical products that she'd been on for years, and soon her period became regular and healthy. In February, she became pregnant. Christy recalled: "At that time I did not know that I was pregnant because my menstrual cycle was always irregular. I was feeling quite unusual and then I noticed my belly getting bigger day by day. When the doctor told me that I was pregnant, I was truly amazed and surprised!"

For more current information of Falun Dafa worldwide, please visit www.clearwisdom.net
To learn more about Falun Dafa as a practice, please visit www.falundafa.org